

Well Mom Well Baby

A visit after your baby arrives

Why a home visit after my delivery?

The arrival of your baby is an exciting time. But no matter how many prenatal classes you've attended, or questions you've asked, there are always surprises . . . especially after you return home.

My visit is designed to help you make a smooth adjustment from the hospital to home. I can help you with questions and concerns, even your most personal ones.

Fee: \$100 per visit

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Who will be coming to my home?

I have a master's degree in nursing with a specialty in maternal-newborn. I am an internationally board-certified lactation consultant and Lamaze certified childbirth educator with over thirty years' experience. I am married and have three grown children and four grandchildren. I wanted to be a mother-baby nurse before the age of ten. Doing this work is my dream.



What can I expect during the visit?

The visit will last a minimum of one hour — longer if you wish and depending on your needs. I will conduct an exam for you and your baby and review care and feeding. Conversation about how you are feeling, now that the baby has arrived, will be an important part of the visit. I will communicate with your doctor as needed to ensure coordinated care.

www.SusanDanaRN.com

Visit my website where you'll find my resumé, references, articles about me, my professional publications, and more.

Susan Dana, RN
supporting the first days of life